



## **BULLETIN ANNOUNCEMENTS**

### **July-August 2025**

**YOUTH MINISTRY CERTIFICATION PROGRAM** We are currently accepting enrollment for the Youth Ministry Certification Program, which begins in September 2025. Join us as we explore the Practical strategies for youth ministry and the accompaniment of young people in our diocesan community. To review a full course list and for more information, please visit: [www.hamiltondioceselearns.com](http://www.hamiltondioceselearns.com)

**FRASSATI LEADERSHIP PROGRAM** Calling all those entering Grade 10 in September 2025! Are you looking to grow in your faith? Do you want to explore what it means to be a Catholic leader? **The Frassati Leadership Program** may be for you. Join us as we reflect on the foundations of Catholic leadership and foster opportunities for you to grow in your own faith and leadership skills. For more information and to register please visit: <https://hamiltondiocese.com/office/pastoral-offices/youth-ministry/frassati/>

**JUBILEE YOUTH PILGRIMAGE DAY** The Office of Youth Ministry is excited to welcome young people in grades 7-12 to join us for a Jubilee Youth Pilgrimage Day on August 3<sup>rd</sup>, 2025 hosted at the Basilica of Our Lady Immaculate in Guelph. The pilgrimage day will run from 1:00pm – 7:00 pm. Those interested in attending are encouraged to register with a parish group! For more information and to register please visit: <https://bit.ly/youthpilgrimage2025>

**PARENTING TIP OF THE MONTH #170** Our children learn from their parents and family, more than from any other source. They are watching more than listening, so be aware of your own actions so you can influence them positively. They also judge themselves according to how we treat them: love, respect and dignity should be at the base of all we say and do with them. So, spend time with them, have fun together and see how healthy and strong they will become! (From: Teresa Hartnett, Family Ministry Office; 905-528-7988 ext. 2250)

**MARRIAGE TIP OF THE MONTH #150** Summer is often a little less hectic, so a perfect time to have a cold drink or coffee on a deck or patio and talk with your spouse. Discuss past happy memories, future goals, what things you love and where you are challenged. Time spent together is always good for a relationship and helps us connect in deeper ways. (From: Teresa Hartnett, Family Ministry Office; 905-528-7988 ext. 2250)

**WHEN LIFE CHANGES** – Has someone you cared about died? Are you grieving the loss of the person's presence in your life? Are you looking for relief from the feelings associated with the loss of this loved one? You are not alone! The Hamilton Diocese offers two six-week grief programs for your support. Part one will be offered later in the fall and registration will be up soon. For those who have taken part one, the second part of the program will be offered from September 10 to October 15, 2025, from 7:00-8:30pm. The program runs from 7:00-8:30 pm at the Chancery Office at 700 King St. West in Hamilton. To register go to [hamiltondiocese.com](http://hamiltondiocese.com) and look under upcoming events on the home page.

**RESTART: Refresh, Renew, Revive Support Group** – Struggling after divorce or separation? Join us for learning, support and fun on a Friday evenings. Held the 2nd & 3rd Fridays of each month. These get-togethers offer continual support and insights for people as they journey through the divorce/separation process and beyond. For summer sessions or gatherings, register here: <https://sites.google.com/view/hamilton-restart/home>, or contact Sarah at [familyministry@hamiltondiocese.com](mailto:familyministry@hamiltondiocese.com), or 905-528-7988 ext. 2249. We look forward to seeing you!

**ReSTART: Moving Forward** – Our 10 week program offers education and support to anyone seeking to heal and move forward after divorce or separation. The sessions will run Tuesdays from Sept. 23 – Nov. 25 from 7-9 pm and are held at the Chancery Office at 700 King St. West in person. Cost is \$35 for materials, but no one is turned away. Registration online can be found by going to [hamiltondiocese.com](http://hamiltondiocese.com) and looking under Upcoming Events, or contact Sarah at 905-528-7988 ext. 2249, e-mail [familyministry@hamiltondiocese.com](mailto:familyministry@hamiltondiocese.com).

**ENHANCING SELF-ESTEEM** - This program provides the opportunity to increase your self-awareness and to learn specific skills for building a positive self-esteem, which will assist you to feel stronger in all areas of your life. Issues covered during the course include taking responsibility for your own thoughts and feelings, positive ways to behave assertively and setting realistic goals for your future. The program will run Tuesdays from Sept. 23 – Nov. 25 from 7-9 pm and are held at the Chancery Office at 700 King St. West Hamilton. Cost is \$35 for materials. Registration online can be found by going to [hamiltondiocese.com](http://hamiltondiocese.com) and looking under Upcoming Events, or contact Sarah at 905-528-7988 ext. 2249, or e-mail [familyministry@hamiltondiocese.com](mailto:familyministry@hamiltondiocese.com).

**DID YOU KNOW...** Children in our parishes benefit from the Catechetical Correspondence Program each year for ongoing religious education and preparation for the Sacraments. We need volunteers to support the program! If you are willing to accompany these children in their learning journey, please reach out to the Office for Evangelization and Catechesis at [catechesis@hamiltondiocese.com](mailto:catechesis@hamiltondiocese.com). To learn more about the Catechetical Correspondence Program, please visit: <https://bit.ly/DOHC CC>

**ADULT FAITH FORMATION THROUGH VLCFF** The Diocese of Hamilton is proud to partner with Dayton University's Virtual Learning Community for Adult Faith Formation (VLCFF) to offer certificate programs for ministry and enrichment for adult faith formation. We are currently taking enrollment for the Youth Ministry Certification Program and the Catechist Formation Program for the Diocese of Hamilton, which begins in September 2025. Three and five week e-seminars are also available at a discounted rate for all adults in the Diocese looking to further their learning. For more information about our programs, and how to register, visit us at [www.hamiltondioceselearns.com](http://www.hamiltondioceselearns.com)

**YOUNG ADULTS NIGHT IN AUGUST** Fr. Mark Morley invites all young adults (ages 20s and 30s) of our diocese to attend an evening of prayer, fellowship and praise music in support of your vocations. The Young Adults Night includes a Holy Hour (6:30pm-7:30 pm), social with food (7:30pm-8:00pm), praise night with vocations testimony (8:00pm-9:00pm), and Compline (9:00pm) on Saturday, Aug. 2<sup>nd</sup> at St. Catherine of Siena Church (620 Rymal Road East, Hamilton, Ontario). Sponsored by the Vocations Office of the Diocese of Hamilton: <https://hamiltondiocese.com/vocations/> For more information, please contact: [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com)

**YOUNG ADULTS NIGHT IN SEPTEMBER** Young Adults Night – Hanover Fr. Mark Morley invites all young adults (ages 20s and 30s) of our diocese to attend an evening of prayer, fellowship and praise music in support of your vocations on Saturday, September 6th at Holy Family Parish (352 – 10th Avenue, Hanover, Ontario). The Young Adults Night will begin with a Holy Hour (7:00pm-8:00pm) in the church and will continue in the school with a social with food (8:00pm-8:30pm), praise night with vocations testimony (8:30pm-9:30pm), and Compline (9:30pm). Sponsored by the Vocations Office of the Diocese of Hamilton: <https://hamiltondiocese.com/vocations/> For more information, please contact: [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com)